

**DO IT YOURSELF**  
**HOW TO PUT TOGETHER YOUR FIRST DRESSAGE FREESTYLE**

- WHEN:** Saturday, March 16, 2019
- WHERE:** East Bloomfield and/or Canandaigua, Ontario County depending on number attending.
- TIME:** 1 PM TO 3 PM
- WHO:** WNYDA members; 4H and USPC members competing locally or regionally; non-members are welcome too.
- SPONSORS:** WNYDA, WNY Region USPC
- PRESENTER:** Dru Malavase  
Featuring Dirk Malavase, Sound Engineer and Musician, Bonzo Estewjo
- COST:** None!
- FEATURES:** Qualifying for Competition  
Required Movements  
Forbidden Movements by Level  
Different Ways to Get Started  
Finding Your Horse's Beats per Minute  
Making a Useable Video  
Become a Choreographer!  
Using Unusual Movements  
Degrees of Difficulty  
Choosing Matching Music  
Vocals or Instrumentals  
What Technology is Needed for DIY  
Doing a Timed First Draft  
Helpful Worksheets (handouts)  
Riding and Recording the Final Test  
Editing as Necessary for Time and Sound  
Final CD or MP3

**HOW TO REGISTER:** email: [drumalavase@hotmail.com](mailto:drumalavase@hotmail.com)  
or ask questions tel: 585-657-7053

**PLEASE RESPOND BY:** February 15, 2019  
(To be sure facility has enough room)